



Summer 2012

SMOKE SIGNALS

VILLAGE OF TEQUESTA
NEWSLETTER



From the Desk of Tom Paterno

Mayor



May is here, now comes May flowers. It's a time for optimism. There's new growth on plants and good growth is happening in Tequesta. Home sales have made the turn in a more positive direction. This positive movement is great for all of us; our homes are one of our biggest assets. I believe this positive movement has not happened by chance,

it has come about from hard work by the residents, businesses, and village staff. One of the big reasons that many people from outside Tequesta want to reside here is our sense of civic pride. We care about our community and take pride in it.

One of the most important factors that makes our village special is that safety is a top priority here and it's my No. 1 priority as mayor. What makes Tequesta special is we feel very safe in our neighborhoods.

But it could be even better. I'm optimistic about that. I have been and will continue to be a leader in proactive policies to promote safety in all aspects of village life. The village is very proactive in every avenue that avails us. We've upgraded dispatch and police software, and have more police presence on the street. License plate recognition cameras help solve cases while our trash vendor, Waste Management, reports on suspicious persons. And of course we have state of the art equipment in our Fire Rescue department.

Equipment alone can't make us safer. That's where you come in. The village relies on its residents to be proactive. Little things make a big difference. That's why we encourage our police officers to get out of their cars and interact with residents, to build a bond with their community. Our officers know who the residents are and sometimes can tell when something is amiss. The idea is to build a bridge between residents and the village's safety workers.

Often, people will approach me with a problem. "Did you ever notice ..." they'll begin a statement. I'll ask them how long they've noticed a problem. "Oh, for months," the reply. Did you contact the police? "No." That's what needs to change. Residents need to know there are non-emergency phone numbers and internet sites they can utilize to report problems. Here are a few ways to report a concern:

The non-emergency phone number is 561-768-0500. To report a concern online, go to www.tequesta.org/forms.aspx?fid=64. From a mobile phone, visit www.tequesta.org/index.aspx?NID=943. And, of course, you can speak to your neighborhood patrol officer.

Our safety is increased dramatically when everyone – residents, businesses, vendors, homeowners associations, police, fire, public works and government officials – are working together. Just one phone call by you could make all the difference in someone else's life. Please get involved. Your friends, neighbors and family need you!

You can be assured that I'm doing my part and I thank you for the opportunity to do whatever is necessary in the best interest of the village. If I can be of help, or if you have a positive suggestion, I can be contacted at Village Hall at 561-768-0700. My home phone number is 561-748-4222 and my email address is tpaterno@tequesta.org. Thank you again for having me as your mayor.

Tom Paterno
Mayor

OUR BUSINESS COMMUNITY

If you search for "Tequesta" online, you will quickly realize that we are located in Palm Beach County, occupy all of 2.2 square miles and are the northernmost municipality in the South Florida metropolitan area. Depending on the source, you will also see our population listed somewhere between 5,400-5,800, but you have to dig deeper to unearth the facts on our business community.

Not many persons will know that little Tequesta currently boasts 337 active businesses, 55% of which are in the service industry. We run the gamut from our exquisite restaurants to pet services, dry cleaners, gas stations, to our very own Publix which co-exists with smaller grocery stores, major clothing retailers and banks, urgent care, florists, art-centers, travel service, real estate and numerous beauty and nail salons. Outsiders may ask what's special about that, but with land area of only 1.7 miles (23% of Tequesta consists of our beautiful intra-coastal waterway) our community could be considered self-contained. Since the Village's incorporation on June 4, 1957, our business community has grown tremendously and we take pleasure in featuring 3 distinctly different businesses which have been around for 50, 41 and 24 years respectively.



The Village Bootery actually started as Park Shoes in July of 1962 in Lake Park, Florida and in 1965, they opened a 2nd location in Tequesta, the only remaining location today. They celebrate their 50th anniversary this year and are proudest of their achievement when they hear their customers say: "If you can't find it here, you can't find it anywhere."

Christopher Schuemann informed us that just short of celebrating his 30th birthday, he's the youngest of 3 generations who have continued to keep this

establishment alive and well. Business was brisk when Smoke Signals visited and Christopher, his father Thomas and brother Ben were busy with numerous customers. They describe their business as a "full service" shoe store where they custom fit your new shoes to your feet. They even have a full time Pedorthist on staff to ensure you find the perfect shoes for your aching feet.

Then there is the Apex Texaco station which opened in 1971 when Alfred Hartwiger retired and decided to start this venture. His son Brian remembers he was 13 years old when his dad opened the station which also sells auto parts and offers auto repairs, inspections and oil change services. Brian is kept busy with his many customers and describes business as "pretty good."



The third business being featured is Carmen's Fairway Hair Cutting which was started by Carmen Legato in 1988. Current owner Sharon Littlefield says that she is "happy to be able to offer the same friendly and professional service that Carmen started 24 years ago."

Top Photo: Village Bootery
Middle Photo: Apex Texaco
Bottom Photo: L-R Christine, owner Sharon and Connie inside Carmens Fairway Hair Cutting

Give The Gift of Life



Everyone is being encouraged to come out and donate. This simple procedure only takes 30-45 minutes and can mean the difference between life and death.

When: Wed, June 6, 2012

Where: Village Hall (345 Tequesta Dr.)

Time: 8:30am – 1:30pm

Thank you from Relay For Life of Tequesta

The American Cancer Society and your 2012 Relay for Life of Tequesta Committee would like to thank everyone who participated in this year's Relay for Life event which was held on May 12 at Constitution Park. We would especially like to thank the Village of Tequesta and all of our wonderful volunteers. Together, we are helping our community celebrate more birthdays in the fight against cancer. If you would like more information on Relay for Life or if you would like to get involved in the 2013 Relay for Life of Tequesta, please call 561-650-0128 or visit: www.relayforlife.org/tequestaff.

Tequesta PD Prescription Drug Take-Back Initiative



Officer Fabiano collects unused prescriptions.

In a period of four hours, 82 pounds of prescription pills were collected by Officer Joe Fabiano of the Tequesta PD. This was in response to the Village's ad for persons with accumulated, unwanted and unused prescription drugs to safely dispose of them at the station on Saturday, April 28, 2012.



Ernest McGee Retires After 27 Years

Ernest McGee opening his farewell gift at his retirement luncheon on April 30 while wife Arnette looks on.

Ernie, as he is fondly known by his co-workers, joined the Village in July 1985 where he worked his way up to the position of Crew Leader in the Public Works department. On April 30, employees and Council had the opportunity to say a rousing farewell at a luncheon in his honor. Ernie has strong local roots as he was born in Jupiter and attended Jupiter High School. We wish him the very best as he embarks on the next stage of his life journey.

Meet Your New Council Member Frank D'Ambra



Mr. D'Ambra was born in Rhode Island and since then has lived in just about every corner of the United States. Frank, his wife Lisa and three children moved to Tequesta in 2003. Of all the places Frank has lived he will tell you that none compares to Tequesta. He is currently Chairman of Tequesta's Public Safety Pension Board, a past member of the Village's Audit Committee and a former Director of the Country Club Point POA.

As one of Tequesta's two new Council Members, Frank brings over 30 years' experience in institutional and retail asset management, insurance and financial services having served as a senior executive with GE Financial Assurance, Swiss Re Investors and Conning Advisors. Two years ago, Frank moved into the medical device industry and is currently the Chief Operating Officer of Poiesis Medical LLC located here in Tequesta.

Frank and Lisa's children are now grown but two, Ashley (with her husband Brandon and son Thomas) and Jonathan reside in Tequesta. Lauren has returned to the family's roots and is pursuing her Master's Degree in Education at the University of Rhode Island.

ABOVE PHOTO: 2012 Council Members L-R Mayor Tom Paterno, Vice-Mayor Vince Arena, Abby Brennan and newly sworn-in members Frank D'Ambra and Steve Okun.

Note: On April 12, 2012, Messrs. D'Ambra and Okun were sworn in as the 2 newest members of Council. Steve Okun will be featured in the fall edition of the newsletter.

Jim Humpage & Calvin Turnquest... A Heartfelt Thanks



Left Photo: Outgoing Council member Jim Humpage accepts a farewell gift from Abby Brennan while Mayor Tom Paterno looks on.

Right Photo: Outgoing Council member Calvin Turnquest makes his farewell speech.

At its regular council meeting on March 8th, the Village said goodbye to two beloved council members who decided not to seek reelection in 2012. Jim Humpage and Calvin Turnquest were given fond farewells as their many accomplishments over their combined 13 years of service were remembered. Jim served the Village from 2004-2012 and held the post of Mayor from 2005-2008, while Calvin served from 2007-2012 and held the Vice-Mayor post between 2008-2009.

Both gentlemen served with distinction and in their farewell response, thanked their fellow council members, the administration and their spouses for their unfailing support over the years. They also pledged continued support for the Village.



SUMMER PROGRAM SCHEDULE BEGINNING
JUNE 18 AND ENDING AUGUST 17
Visit Tequesta.org or call 561-768-0475 for more information

CLASS NAME	DAY	TIME	AGE	RESIDENT FEE	NONRESIDENT FEE
Tai Chi	Monday	8:15 am - 9:15 am	Adult	\$1	\$1
Adult Yoga	Tuesday	9:15-10:30 am	Adult	\$77 drop in optional	\$88 Drop in optional
Cardio Tennis	Tuesday	9:30-10:30 am	Adult	\$10 per class	\$15 per class
Zumba	Tuesday	6:00-7:00 pm	15 & Up	7 classes \$48 11 classes \$60	7 classes \$56 11 classes \$66
Beginner Tennis	Tuesday	6:00-7:00 PM	Adult	6 weeks \$80	6 weeks \$90
Intermed tennis	Tuesday	7:00-8:00 PM	Adult	6 weeks \$80	6 weeks \$90
Tai Chi	Wednesday	8:15-9:15 am	Adult	\$1	\$1
Cardio Tennis	Thursdays	9:30-10:30 am	Adult	\$10 per class	\$15 per class
Zumba	Thursday	6:00 - 7:00pm	15 & Up	Call for pricing	Call for pricing
Hit & Run Tennis	Thursday	6:30-7:30 pm	Adult	6 weeks \$80	6 weeks \$90
Tai Chi	Friday	8:15 am - 9:15 am	Adult	\$1	\$1
Yoga (Gentle)	Friday	9:15 am - 10:30 am	Adult	\$77 Drop in optional	12 Class Punch Card - \$88 Drop In Optional
Fencing	Saturday	10:00 am - Noon	14 +	Drop In - 1 class \$20 4 classes - \$72 8 classes - \$135 12 classes - \$198	Drop In - 1 class \$22 4 classes - \$80 8 classes - \$150 12 classes - \$220
Beg. Children's Tennis	Saturdays	8:00-9:00 am	Children	6 weeks \$80	6 weeks \$90
Interm Children's Tennis	Saturdays	9:00-10:00 am	Children	6 weeks \$80	

EMPLOYEE MOVEMENTS February 2012 - April 2012

LEAVING US

Name	Department	Position	Departure Date
Janet Chang	Police	P-T Reserve Officer	3/16/2012
Ernest McGee	Public Works	Crew Leader	4/30/2012

YOU CAN HELP!



24/7 - Non-Emergency: 561-768-0500
EMERGENCY: 9 - 1 - 1

The Village Council wants to remind you that no one knows your neighborhood better than you and your neighbors. And no one wants to protect it more than you do, except the police officers of the Tequesta Police Department. With teamwork between the residents and the Police Department, the emphasis can be on stopping and preventing crime before it happens.

There is a lot you can do to keep your neighborhood safe. Don't wait for someone else to take the lead. Report incidents to the police and become a better partner against crime! Tequesta has a "No Soliciting" law that prohibits door-to-door canvassing and all residents are asked to alert the police to investigate on-the-spot violations.

Crime Prevention Tips

- Lock your vehicles and secure your property when not in use
- Utilize alarm systems at all times
- Do not leave garage door openers or keys to your house in vehicles
- Close garage doors and lock interior garage door
- If you observe criminal activity occurring, call 9-1-1
- To report delayed suspicious activity, call 768-0500
- You may make an anonymous report of suspicious activity through our website at www.tequesta.org
- Get to Know Your Neighbors

Call the Tequesta Police Department

- You see someone looking into windows & parked cars
- You hear unusual noises
- You see property being taken out of houses when the residents are not home
- You see cars, vans, or trucks moving slowly with no apparent destination or without lights
- You see a stranger sitting in a car or stopping to talk to a child
- You see an abandoned car
- You hear someone screaming or shouting for help

Officer of the Year Award



Officer Derick Velez poses with his Officer of the year award from Stuart-Jensen Elks Lodge 1870 along with wife Ashley and close friend Chris

For the Record February through April 2012

Visit the "Document Imaging Center" located via the Website to see the following agenda items in their entirety.

PRESENTATIONS / PROCLAMATIONS

- Presentation of Appreciation to Nicole Giddens, Good Shepherd 2nd Grader, for her beautiful and flawless delivery of the National Anthem during the February 2012 PBC League of Cities Luncheon
- Presentation of Appreciation to Council Member Humpage for his dedicated and devoted Service as Tequesta Council Member (3/11/04-3/8/12) and Mayor (3/10/05-3/5/08)
- Presentation of Appreciation to Council Member Turnquest for his dedicated and devoted Service as Tequesta Council Member (3/22/07-3/8/12) and Vice-Mayor (3/05/08-3/12/09)
- Council Reorganization
- Designated April as Water Conservation Month in the Village of Tequesta
- Designated the Week of April 29 - May 5, 2012 as Municipal Clerk's Week
- Presentation of the Comprehensive Annual Financial Report (CAFR) for Fiscal Year Ending September 30, 2011
- Conceptual Presentation to Council: Tequesta Commons to discuss proposed planned Commercial Development on 6.03 Acre Site Located at 734-736 U.S. One N.



AGREEMENTS

- Town of Jupiter Bill of Sale/Indemnification Agreement for the train depot located at 479 Seabrook Road.
- Florida Department of Revenue Communications Services Tax Agreement for Access to Confidential State Tax Information.
- FDG Flagger Station II LLC Real Estate Lease (File# 281-1-2a).
- Mears Motor Leasing Mater Open-End Lease Agreement for Administration vehicle.
- The Gehring Group 3 Year Extension - Broker of Record Agreement.
- FDLE Justice Assistance Grant Agreement.
- Xerox Copier/Printer Lease Agreement-Public Works.
- Alford Air Conditioning Proposal for Police Department repairs.
- Palm Beach County Inter-local Agreement to Access the County's Dialogic Geographic-based Alert & Notification System
- EMS Inter-local Agreement with Palm Beach County for Two (2) Laryngoscopes
- SP Behavioral, LLC Water Service Agreement to Provide Services for the Sandy Pines Residential Treatment Center Addition
- Engagement Letter with Marcum LLP to Perform Audit Services for the Village of Tequesta
- Hurricane Debris Disposal Contract Renewal with Phillips & Jordan, Inc.

ORDINANCES

- Ordinance 22-11, Adopted an Amendment to its Comprehensive Development Plan in Accordance with the Mandates Set forth in Section 163.3184(3), Florida Statutes, Pursuant to a Village Initiated Amendment No. LUPA 1-11 which provides for an Amendment to certain portions of the Text found in the Future Land Use Element, Updating Said Element in Compliance with FEMA Requirements for Lowest Floor Elevation
- Ordinance 1-12, Provided for the Re-zoning of Certain Real Property within the Corporate Limits of the Village of Tequesta, FL, which Property Consists of One Point Seven (1.7) Acres, More or Less, of Land Recently Acquired by the Village Located at 479 Seabrook Road; Providing that the Real Property which is more Specifically Described herein shall be Re-zoned as "R/OP - Recreation/Open Space District
- Ordinance 2-12, Amended the Village Code of Ordinances at Chapter 78, Zoning, Article I, In General, Sec. 78-4. Definitions. By Creating an Entirely New Definition for "Place of Assembly"; and Article VI, Schedule of District Regulations, Division 2, Schedule of Use Regulations. By Adopting Regulations for Assembly Uses in each of the Village's Various Zoning Districts; and Article X, Off-street and On-street Parking and Loading Regulations, Sec. 78-705, Required Number of Parking Spaces. By Adopting Parking Regulations for Assembly Uses; and Article XI, Signs, Sec. 78-740, General Restrictions; Maximum Size and Number of Signs. By Adopting Sign Regulations for Assembly Uses in Residential Zones
- Ordinance 3-12, Amended the Village Code of Ordinances at Chapter 74, Utilities, At Article II, Water Service, Division 3, Water Conservation and Regulation. By Repealing this Division in its Entirety and Reserving it for Future Use
- Ordinance 4-12, Amended its Code of Ordinances at Chapter 50, Natural Resource Protection. By Adopting Water Shortage Regulations and Year Round Landscape Irrigation Regulations; Providing for Enforcement; Providing for Variances and Exceptions
- Ordinance 5-12, Amended its Code of Ordinances at Chapter 14, Buildings and Building Regulations, to Update References to the Florida Building Code, the Standard Housing Code, the International Property Maintenance Code and the National Electrical Code; and to Adopt Local Amendments to Chapter 1 of the Florida Building Code; Further Repealing Certain Obsolete Code References to Fire Districts
- Ordinance 6-12, Amended the Village Code of Ordinances at Chapter 78, Zoning, Article IX, Supplemental Regulations, Division 4, Landscaping. By Repealing this Division in its Entirety and Re-adopting it to Provide "Florida Friendly Landscaping" Requirements throughout the Village, and to Provide Additional Landscaping, Irrigation System and Tree Maintenance Requirements on all Properties throughout the Village

RESOLUTIONS

- Resolution 2-12, Awarded a Proposal from Global Rental Company of Birmingham Alabama, for the Purchase of one (1) 2012 International Bucket Truck in the Amount of \$127,319.00
- Resolution 3-12, Awarded Contract to Felix Associates of Florida, Inc. for the Tequesta Drive Drainage Improvements in the Amount of \$373,175.00 and Increasing the FY 2011/2012 Storm Water Budget by Appropriating Fund Balance in the Amount of \$43,175.00
- Resolution 4-12, Adopted a Revised Land Development Application and Filing Fee Schedule as Provided by Sec. 62-181 of the Village Code of Ordinances
- Resolution 5-12, Appropriated Fund Balance and Increasing the General Fund 2011-2012 Budget in the Amount of \$75,000 to Fund Additional Part-time Police Department Salaries

VARIANCES / SITE PLAN APPLICATIONS / SPECIAL EXCEPTIONS

- Variance 3-12, Consideration of Request for Variance from the Requirement of Sec. 78-298 to Allow Tequesta Coffee Lounge to Sell Intoxicating Liquors, Wines and Beverages for Consumption on the Premises within a 600 +/- Foot Radius of any Church, School or Youth Center, where Sec. 78-298 Currently Allows for such Sale only at a 1,000 Foot Radius or greater from any Church, School or Youth Center. Property is Located in the C-1 Zoning District at 384 Tequesta Drive, Tequesta. Applicant is Harald Hartmann
- Site Plan Modification 1-12, Application of OZ of Tequesta, Inc. to Install Two (2) 6 Feet X 8 Feet Storefront Windows to Existing Store Located in the Gallery Square North. Address of Proposed Modification is 387 Tequesta Drive Site Plan Modification 2-12, Application of 851 N. US Highway 1, LLC to Revise Previously Approved Plan to Construct a 3,999 Square Feet Medical Building. The Application Includes a Proposed Landscape Plan and One (1) Monument Sign. Address of Proposed Site Plan is 851 N. US Highway 1

MISC

- Discussed Leasing Village Property "Station 11" on Seabrook Road
- Discussed Jupiter Inlet Fire Rescue Agreement
- Action Regarding Inspector General Lawsuit Payment
- Submitted Mayor Paterno as Council Nomination to Serve on the 2012-2013 Palm Beach County League of Cities Board of Directors (slate of officers to be announced on 3/28/12 by the League)
- Discussed Tree Codes
- Discussed Paradise Park purchase
- Additional Funding for Busch Wildlife Sanctuary Budget Amendments for FY 2011-2012
- Appointed Members to Various Governmental Committees and Designation of Voting Delegate and Alternates to the Palm Beach County League of Cities, Inc.,
- Discussed Frank D'Ambra, Public Safety Pension Board Member, Council Appointee Continuing to Serve as Council Appointee in Ex-Officio Capacity Per Section 2-33 of the Village Code
- Approved Proposal by Corbett and White to Provide a Comprehensive Code of Ordinances in the Amount of \$25,000 to be Completed no later than December 31, 2013
- Appointed Board Member to the Planning and Zoning Board
- Appointed Board Member to the Board of Adjustment
- Approved the Planning and Zoning Board to sit as the Local Planning Agency Board
- Appointed Members to Various Governmental Committees and Designation of Voting Delegate and Alternates to the Palm Beach County League of Cities, Inc.
- Discussed a Proposed Amendment from General Employee Pension Fund to permit investments in bonds which do not hold a rating in one of four highest classifications and such investments would be limited to 5% of the total market value of the portfolio
- Discussed Palm Beach County's Request to Approve Interlocal Agreement Sharing Expenses Associated with the Palm Beach County Wellfield Protection Program
- Discussed, with no formal action taken, the Proposal from Glenn Ross Caddy, Ph.D., P.A. to Conduct an Impact Analysis Study (Ordinance 1-11) for the GMH Tequesta Holdings, LLC Special Exception Application

Open NEW TEQUESTA BUSINESSES

11 new businesses opened in Tequesta over the last quarter with 6 accepting our invitation to be featured. The other 5 were Hawkins & Gordon, P.L., Medical Supply Shoppe of the Palm Beaches, Brian J. Williams LCSW, Tao Sustainable Power Solutions and Nexus Tech.

Cary Stamp & Company



Cary and Carl

Cary Stamp & Company is an independent financial services, asset management, and estate planning firm. We are a branch office of Commonwealth Financial Network and our representatives are registered to sell securities and offer investment advice through Commonwealth (Member FINA/SIPC, a Registered Investment Advisor). As independent financial professionals, we have the freedom to provide diverse guidance and insight to our clients. We recognize that each person's situation is different and we develop a financial plan that focuses on helping our clients pursue their goals. Accordingly, our approach will be to pursue an in-depth understanding of your financial situation and the personal values you hold as they relate to your investment and estate plan. This approach allows us to forge a strong partnership with our clients and assist them as we strive to turn their dreams into reality. We are located at 110 Bridge Road in Tequesta. Contact Cary Stamp at 561-471-7700 or cary@carystamp.com.

Christine Ryan

Do you need help with daily chores, errands, transportation, paperwork or event planning? Christine Ryan is an established personal assistant with years of experience in concierge and customer service. She can manage all your needs from routine daily chores to special event planning. She operates from the Treasure Coast to the Keys, can work around your schedule, is extremely efficient and will go the extra mile to keep you satisfied. She states simply "My job is you!" For a free consultation and to get her rates contact Christine at 561-386-3823 or email her at: christinefarish@bellsouth.net.



Tequesta Coffee Lounge

The Tequesta Coffee Lounge opened on Feb 10th and has already built up a faithful clientele of local coffee aficionados. They come for our freshly roasted coffee that we grind seconds before making an array of cappuccinos, lattes and espressos. We have homemade pastries such as apple strudel, fruit tarts with crème patisserie, flourless chocolate cakes, tarte tatin...and the list goes on. We also make breakfast sandwiches on croissants or bagels, fresh crepes, sandwiches and salads, with an available selection of beer and wine. For your convenience Wi-Fi is available. Opening hours are M-F 7-30am to 4-30pm and on Sat and Sun we open at 8am and close at noon on Sunday. Tel 561-529-2462. Like us on Facebook. www.yourcoffee lounge.com



Happy Hormones Weight Loss Clinic

At Happy Hormones located at 222 US HWY One, Suite 5, in Tequesta, we provide service for both adults and children, specializing in bio-identical and natural hormone therapy while balancing hormones, weight and happiness. Some of our programs are physician-supervised and include metabolic, HCG Diet, Rejuvenation, Lifestyle Therapy, medical detoxification, B12 Energy Boost therapy and lab testing. We offer a simple 10-day Metabolic Detox program which cleanses toxins and heavy metals with clinically proven results which can lead to increased energy levels, weight loss and overall wellness. For a limited time we are offering FREE body composition which tells the age of your insides. My name is JoJo Jobin, Program Director and Therapeutic Nutritionist, and I am giving Tequesta residents a 10% discount off our detox and weight loss programs. For more information, or to make an appointment call 561-401-9892.



Four Breezes Massage, Inc



Hi! I am Cindy and this is my massage office, located at 357 Cypress Drive Suite 7, Cypress Plaza. I am a schedule-friendly office. Please make your appointment by reaching me at 561-779-4663. Visit my website at www.fourbreezes-massage.com. Looking forward to hearing from you. Enjoy Life!

South Florida Screening



We are Gary & Elizabeth Albanese and have been in the retractable screen business for 14 years in Charlotte, NC. Now we are back home in Tequesta. South Florida Screening Solutions, is an Authorized Dealer of Stoett retractable screens which provide elegant solutions for doors (double French, single or sliding), windows and oversized openings such as garages and patios. Unlike conventional insect screens, Stoett retractable screens do not obstruct your view;

they are there when needed, and retract out of sight when not in use. This is a unique ventilation solution for all the doors of your home. Stoett proudly manufactures all of their retractable screens here in the U.S.A. Please visit us online at www.stoett.com, email sflscreening@aol.com, or phone 561-846-9916. Free estimates!



THE Cypress Cafe



We are featuring a special gem of our community - "The Cypress Café". This inviting local eatery continues to charm with home-style food, cheerful décor, and a super friendly staff. Located at 357 Cypress Dr. #14 (in Cypress Plaza, near the corner of Cypress and Tequesta Drive), in the same location as the affectionately remembered "So Good" restaurant, it is a family operated treasure for one and all.

Local owner, Beth Cramer, along with her three daughters Alex, Taylor, & Kelsey, along with a superb staff, operate the cafe with the attitude that customers are like family. Keeping true to the tradition of hospitality, Beth solicits and readily implements ideas and suggestions offered by her customers in order to best serve their needs. It was a customer who during a contest, created the café's slogan - "Momma Slappin' Good."

In appreciation, Beth offers her patrons the chance to eat for free with the popular "On the House" program where randomly, throughout the day, a specially marked plate delivers meals that are "On the House" to unwitting customers!

In addition to their already plentiful menu, Cypress Cafe offers several daily specials, including a home-made soup & sandwich combo. Beer & wine are also available for your enjoyment. They are looking forward to their 2nd anniversary in June...and planning to be your hometown eatery for many years to come.

When you are looking for a friendly place to have breakfast, lunch or a home baked dessert & coffee, come on over to Cypress Cafe & make yourself at home. They also offer take-out and local lunch delivery. Enjoy what some of your friends & neighbors have already discovered right in your own back yard!

The Cypress Café "Momma Slappin' Good"
Serving Breakfast and Lunch: Mon-Sat 7am -2pm
(561) 743-0068

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Tequesta's Paramount EMS System

You are five times more likely to survive Cardiac Arrest in Tequesta than the average in this country. That is a very significant figure, but it doesn't happen easily. It takes quick response times, advanced training, expensive equipment and advanced treatment guidelines to achieve what we refer to as a Paramount EMS System.



"The Village of Tequesta can be very proud of the level of care that has been provided. I believe that it is as good as anywhere in the country. And while the care is excellent, the best part is that the people who work in the department truly care. They work hard to provide the best medicine and the best experience in difficult situations."

- Dr. Don Tanabe, Medical Director

The provision of Emergency Medical Services (EMS) is one of the most important roles a government can take to safeguard their residents and visitors. EMS is provided in a number of different ways around the United States but every community strives to provide the finest service they can afford. In 1993, the Village of Tequesta established their own Fire Department, and contracted with the local private ambulance company for EMS. After identifying



Village of Tequesta Fire Station

weakness in the EMS care, the Village hired their own Paramedics and took over EMS in 1994 to improve patient care and treatment. During the presentation to the Village Council on the pros and cons of starting their own EMS, Chief James Weinand advised them that "they could go a lifetime without needing fire suppression forces but chances are someone in your family will utilize EMS and they should never settle for second best when it comes to pre-hospital care for their families." In the ensuing 18 years, the Fire-Rescue Department has developed a state-of-the-art, Paramount EMS System that is second to none. Using a combination of rapid response, intensive training, advanced equipment and cutting edge medical guidelines, Tequesta Fire-Rescue has risen to one of the areas elite teams in Pre-hospital medicine.

What does it take to become a Paramount EMS Agency? What separates Tequesta Fire-Rescue from other departments? Continuously striving for excellence, Tequesta Fire-Rescue has identified the greatest risks to their population and intensified the training and equipment for those risks. As with many South Florida communities, cardiac issues, including Congestive Heart Failure, Heart Attacks and sudden Cardiac Arrest are life threatening ailments that early intervention can help to reverse or improve. Tequesta Paramedics have worked relentlessly over the years to develop advanced guidelines and acquire equipment that greatly improves a patient's chances of survival.

Response Time

One of the ways that we measure our performance is our response time; that is the time from notification until we arrive at the patient's location. The American Heart Association states that the chance of a successful resuscitation from Cardiac Arrest decreases by 7-10% for every minute that goes by without CPR. While the geographic size of Tequesta is a factor, so is the speed with which a 911 call is processed and dispatched and the time that the crew takes to get into their vehicles to respond. According to response time statistics provided by Palm Beach County Department of Public Safety, in 2011 Tequesta Fire-Rescue had the fastest response time of any EMS agency in Palm

Beach County, with an average of 4 minutes 39 seconds between 911 call to arrival at the scene. The next closest was the Town of Palm Beach at 5:02; the longest response time was Palm Beach County Fire-Rescue at 6:18, which covers a very large area. The County-wide average, including all EMS agencies, was 5:31. Response time is a critical component in any EMS Agency and Tequesta has always prided itself on being the quickest in the county.

Training

All Paramedics in the State of Florida are required to maintain their Paramedic License and remain certified in CPR and Advanced Cardiac Life Support (ACLS). In Tequesta, those requirements are extended to include training in trauma care, advanced pediatric care, burn care, diabetes, stroke, advanced EKG interpretation and much more. At least one hour of every day is spent training on the latest medical advances. Additionally, all Paramedics attend EMS Training taught by the Medical Director every other month and participate in a Quality Assurance Program that reviews every EMS call for accuracy and quality of care. This constant focus on daily training and quality improvement keeps our Paramedics fresh and up-to-date with the latest trends and techniques.

Equipment

Medicine in general, but Pre-Hospital medicine in particular, is a rapidly evolving and advancing science. New techniques are being discovered and studied all the time. One of the advantages of a small Fire-Rescue Department is that it can quickly adopt new techniques and incorporate cutting-edge technology into its operation. With fewer Paramedics to train and fewer vehicles to equip, a smaller agency is well



Paramedics care for a young man who was struck by a car.

positioned to embrace life-saving advancements. Tequesta Fire-Rescue was the second department in Palm Beach County to perform 12-Lead EKG's in the field. 12-Lead EKG's allow Paramedics to recognize the difference between chest pain and a heart attack. That early recognition allows Paramedics to transport the patient to the nearest Cardiac Specialty Hospital, one that is capable of life saving Cardiac Catheterization, the current "gold standard" of heart attack care. Without 12-Lead EKG, Paramedics would transport the patient having a heart attack to the nearest hospital, which would then have to diagnose the heart attack and transfer the patient to a Cardiac Specialty Hospital, resulting in a time delay that could result in a less desirable outcome. Today,

Continued on back

12-Lead EKG is the standard in all departments. Tequesta was also one of the first agencies in Palm Beach County to use the Autopulse™, a device that provides mechanical CPR and has been associated with excellent resuscitation rates in numerous clinical studies. Tequesta was an early adopter of the use of CPAP (Continuous Positive Airway Pressure) to alleviate fluid backup in the lungs caused by Congestive Heart Failure. Most recently, Tequesta has acquired Glidescopes™, a color video scope that allows placement of an emergency airway device in difficult patients. When a patient stops breathing, the insertion of a tube into

"I have worked with the men and women of Tequesta Fire-Rescue for many years and I can assure you that their care is second to none. Dr. Tanabe, their Medical Director, is also an Emergency Room Physician here at Jupiter Medical Center. Over the years we have worked hand in hand with their Paramedics on many new advancements in Emergency Medicine and their care is equal to or better than any agency in this county."

*- Dr. Michael Collins,
Director of the Emergency Services,
Jupiter Medical Center.*

the trachea can be a difficult lifesaving procedure to perform. Patients with unusual anatomy can be a challenge, but the Glidescope™ allows for video scope observation of the tube placement and greatly improves success rates and minimizes complications. Until now, the Glidescope was used only in the Emergency Room, but recently EMS agencies have begun to place these scopes in the field with great results.

Medical Guidelines

Medical Guidelines, or protocols, are written directives given to Tequesta Paramedics from their Medical Director, Dr. Don Tanabe, a Board Certified Emergency Medicine Physician and Emergency Room Physician at Jupiter Medical Center. The guidelines set the level of care that the Paramedics are allowed to provide, and in this case Dr. Tanabe has set the highest standard by incorporating the latest cutting edge technologies, adopting the latest advancements in pre-hospital care, and holding the Paramedics to that standard, Dr. Tanabe sets the tone for a Paramount EMS System. Several years ago, Tequesta was one of the first agencies to incorporate paralytics into their treatment guidelines. Paralytics are medications that allow the Paramedics to sedate and then temporarily paralyze their patients. Some patient's injuries are so severe that their own movements, either intentional or unintentional, actually obstruct their care. Others need airway interventions that they simply cannot tolerate, while head injured patients can become combative, eliminating the option of flying them to a Trauma Center. By temporarily paralyzing these patients we can provide the lifesaving care that they need. Most recently, Dr. Tanabe has instituted Hypothermic Resuscitation, a national, cutting-edge technique to reduce brain injury in Cardiac Arrest patients. Once a patient is successfully resuscitated,

Paramedics can cool the patient down using chilled IV solutions. This helps to reduce swelling of the brain. Jupiter Medical Center is also participating in the program and is prepared to continue that treatment once the patient is delivered to the Emergency Room. Working hand-in-hand with our local hospitals, Tequesta Fire-Rescue Paramedics incorporate the latest advancements in technology and techniques to provide the highest level of care possible and continue that level of care through the hospital to discharge.

Cardiac Arrest Statistics

While many aspects of a high performance EMS agency are difficult to quantify, response times and cardiac arrest save rates are not. We have already determined that Tequesta Fire-Rescue has the fastest response time in Palm Beach County; now let's look at the chances for surviving an episode of sudden cardiac arrest in the Village. Patients who experience sudden Cardiac Arrest usually have very serious underlying medical issues that lead to the arrest and in many cases survival is simply not possible. It should be understood that the chances of surviving sudden Cardiac Arrest are slim. According to the American Heart Association,



Paramedics work to rescue a victim of a car accident.

the national average Cardiac Arrest survival rate is 5%. In Tequesta, over the last six years the survival rate for patients in Cardiac Arrest is 26.47%. Patients in Tequesta have more than a five times greater chance of surviving Cardiac Arrest than the national average. With rapid response times, state-of-the-art equipment, advanced training and cutting-edge medical guidelines, Tequesta Fire-Rescue has greatly improved their patient's chances of surviving Cardiac Arrest. And while it's nice to realize the success that the EMS Program is enjoying, residents and visitors of Tequesta can rest assured that the quest for constant improvement continues without pause. There is no one more important to the Village than its residents and visitors, and nothing more important than their health and safety.

Tequesta Fire-Rescue patients deserve nothing less than the absolute best.

Tequesta Resident Survives Cardiac Arrest

In January of this year, a Tequesta resident awoke to crushing chest pain. She subsequently went into Cardiac Arrest and for seven minutes she was clinically dead. I recently had the good fortune to speak with her. She prefers to remain anonymous but was happy to discuss her care. "It was right in the center of my chest, the most God awful pain I've ever felt," she says. She briefly considered calling her daughter who lives locally, but changed her mind and called 911; a decision that saved her life. "They were here within four minutes. I remember getting on the gurney and that's it," she recalls. That's when her heart stopped beating and she went into Cardiac Arrest. For seven minutes the Paramedics of Tequesta Fire-Rescue worked feverishly to try to save her life. She was defibrillated three times, an airway was inserted and a needle was drilled into her leg to administer numerous medications. Seven long minutes later she was breathing on her own and even woke up as she was being rushed to the hospital. "If it wasn't for them, it would have been game over!" After a six day stay in the hospital, she was released with no lasting effects. In fact, she stated she had just returned from her doctor's office. "I'm in perfect shape, he said. I'm good to go. He's happy and I'm happy," she stated.

"I can't say enough for that group and they sure knew what they were doing"

By Peter Allen
Public Information Officer, Tequesta Fire-Rescue